

Name _____

Age _____

GOALS

FOR YOUR COMMUNITY

Blue Star Worksheet
Ages 7 and up.

A goal is something you want to achieve and are willing to work for. If you're not willing to work for it, then it's just a wish and not a goal. We can set goals for more than just ourselves, we can set goals to help others or make the world around us a better place. Choose a goal that will help the people around you. It can be something to help your neighbors, your school, your church or even the whole area where we live. Ask a parent to help you come up with a goal that will help others.

Setting goals and writing them down is the first step to being successful in all areas of life. If you don't set goals, you have no plan for where you want to go in life. If you don't write them down, it's easy to make excuses for yourself later saying, "That really wasn't what I wanted anyway." One of the most effective ways to achieve what you want is to set a **S.M.A.R.T.** goal. Read in your newsletter about **S.M.A.R.T.** goals. Use this sheet to set a smart goal. It should be a short or mid-range goal that you can complete by the end of this month.

S – Specific: Write down exactly what your goal will be.

**M – Motivating: Write down why you want to achieve your goal.
What are you looking forward to when you complete it?**

A – Achievable: How will you reach this goal? Are there tasks involved each day? Are there steps you need to take to reach it?

R – Relevant: How will this goal help others? Why is it important?

T – Trackable: Using the back of this paper, have a parent keep track of how you are progressing on your goal. Record dates and steps taken to achieve your goal to receive your blue star.