

Name \_\_\_\_\_

Age \_\_\_\_\_



Ages 4-7.

# Self Control



**Directions:** With a parent's help, read about Self Control in your newsletter. Then have a parent help you read the questions below and circle the best answer. Then write your final answer on the lines at the bottom of the page.

1. **Someone at school calls you a name that you don't like. What should you do?**
  - a. Call them a name.
  - b. Walk away and ignore them.
  - c. Kick and scream and throw a fit.
  
2. **Your little brother is playing with a toy you wanted to play with. What should you do?**
  - a. Take it back and yell at him for using it.
  - b. Hide all the toys so he can't play with any other ones.
  - c. Find something else to play with until he's done, or ask him to share.
  
3. **Karate Kids Rule #1 is:**
  - a. Always keep our hands and feet to ourselves.
  - b. Cookies are not for dinner.
  - c. Never keep a moose in your closet.
  
4. **Karate Kids Rule #2 is:**
  - a. There are no rules!
  - b. If it's not yours, don't touch it.
  - c. It's okay to pick your friends, but not your nose.

5. Describe a time when you used good self control.

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